



LIFE UNIVERSITY HIGH SCHOOL RUGBY CAMPS

July 2012

RIISING 9TH GRADERS THROUGH
GRADUATING SENIORS

CHOOSE FROM:

- **High School**
July 10-13
- **Position-Specific**
July 14-16
- **Elite Competition**
July 16-20



Life University Athletics
ATTN: Rugby Office
1269 Barclay Circle
Marietta, GA 30060
770.426.2616 x 1486

RUGBY CAMPS

WEB LIFERunningEagles.com

facebook Facebook.com/RunningEagles

t Twitter.com/RunningEagles

REGISTRATION

Detach, complete and return to secure your spot. Enrollment is limited and will be filled on a first-come, first-served basis.

Complete form and return with payment, or payment information, to:
Life University - Rugby Office, 1269 Barclay Cir., Marietta, GA 30060.
Cancellation policy: Full refunds will be given for cancellations BEFORE June 28, 2012.

Participant Name _____ Position _____ Shirt Size _____

Entering Grade _____

Parent Name _____

Home Address _____

Primary Phone Number _____

Camp's Email _____

High School or Club _____

USA Rugby CIPP Number (mandatory) _____

Roommate Request _____

PHOTO RELEASE: I authorize Life University to use images that may include my child dependent in the promotion of LIFE's Rugby Camps.
(Signature) _____

CHECK CAMP(S) FOR ENROLLMENT:

- Elite Competition - Resident Cost \$425 / Commuter Cost \$325
 - Position-Specific - Resident Cost \$260 / Commuter Cost \$200
 - High School - Resident Cost \$400 / Commuter Cost \$300
- Get 10% off total price when enrolling in 2 or more camps!

CHECK ALL BOXES THAT APPLY:

- Resident Commuter

PAYMENT INFORMATION:

Please make checks payable to LIFE Rugby, or fill out credit card information below.

Credit Card: MasterCard or Visa

Card Number _____

Expiration Date _____ Security Code _____

Cardholder Signature _____

Amount to Charge \$ _____



LIFE UNIVERSITY RUGBY

3 Camps to Choose From:

• HIGH SCHOOL BOYS RUGBY CAMP JULY 10-13, 2012

We're excited that this will be the third annual summer for our HS Boys Rugby Camp, the staple of the Life University Summer Rugby Camps. Campers are organized according to age and skill level. The entire week focuses on skill development and we focus on teaching all of the aspects that go into becoming a successful rugby player: skills, diet, strength and conditioning, and much more. The final day of camp concludes with a competitive match.
Experience Level - Beginner to Advanced
Resident Cost \$400 / Commuter Cost \$300

• POSITION-SPECIFIC SKILLS CAMP JULY 14-16, 2012

After an extremely successful first year of this camp, we will be expanding the number of campers accepted this summer. This camp provides three days of intensive technique and training for your specific position. "I was amazed at how much the guys improved over the three days last year," says Mike Petri, US Eagle scrum half and camp counselor. If you want specific and elite coaching for your position, you want to enroll in the Position-Specific Skills Camp.

Experience Level - Beginner to Advanced
Resident Cost \$260 / Commuter Cost \$200

• ELITE COMPETITION CAMP JULY 16-20, 2012

This is the newest addition to LIFE's menu of rugby camps. The focus will be on skill development mixed with live match competitions. Campers will be arranged into teams and assigned coaches who will work with them throughout the week. During the week, there will be three competitive matches for each team. The matches will be filmed and the video breakdown will be presented back to each player/team by the coaches. Adjustments, teaching and development will follow match and video analysis and correlating practice sessions in preparation for the next competition.

Experience Level - Intermediate to Advanced
Resident Cost \$425 / Commuter Cost \$325



CAMP INFO:

Enrollment is limited and based on a first-come, first-served basis. All camps sold out last year!

MISSION:

- Improve & develop skills
- Teach techniques
- Have a fun week & leave a better player



TOPICS INCLUDE:

- Basic skills - offense, defense and kicking
- Position-specific technique and skill work for backs and forwards
- Diet and nutrition
- Strength and conditioning
- Goal setting and mental preparation
- Final day of camp concludes with a competitive match

Each camper receives the camp shirt and daily meals. Coaches interested in attending, or for general questions, please email Dan.Payne@LIFE.edu or call 770.426.2616 x1486

Coaching Staff:



DAN PAYNE

• Director of Rugby, Life University

JAMES ISAACSON

- Former professional player at prop and hooker in England
- Super League Head Coach, Life University

PAUL EMERICK

- Played for U.S.A. in 2003, 2007 and 2011 World Cup
- Most appearances in history, 48, by any back for the US national team
- Played professionally for 8 years in Europe
- Skills Coach, Life University

SCOTT LAWRENCE

- Head Coach, U.S.A Under 20 National Team
- Defense Coach, Life University

Additional Staff: Camp counselors and staff will consist of Life University coaching staff and current players.

Medical Staff: Fully licensed and trained medical staff on site and present for all sessions.

Special Guests & Lecturers:

MIKE PETRI

- Current US National Team Player
- 4 Time All-American at Penn State
- Played in 2007 and 2011 World Cup

MATT SHERMAN

- Head Coach, Stanford University

MIKE TOLKIN

- US Men's National Team Coach
- Head Coach, NY Athletic Club
- Head Coach, Xavier High School

Transportation:

AIR: Hartsfield-Jackson Atlanta International Airport (6000 N. Terminal Pkwy., Atlanta 30320)

BUS: Greyhound Station Marietta; call 770.427.3011, or Greyhound.com